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English for Specifc Purposes (ESP) courses have been re uire! or suggeste! by "ost universities in #ai\$an to prepare college learners \$ith language s%ills in specifc conte&ts for their future \$or%place' (any of these courses use han!s) on activities or pro*ects to authentically an! actively involve English as a Foreign +anguage (EF+) learners in learning English' +earning results or perfor" ances are clai" e! to be in, uence! by !ifferent an! "ultiple factors' #\$o of the "ost)! iscusse! factors are self)learning an! self)effcacy- \$hich positively correlate \$ith learning perfor" ance- especially in a learner)centere! conte&t' #his stu! y a! opts a uasi)e&peri" ental! esign to e&a" ine the effect of Pro*ect)Base! +earning on sopho" ores. levels of self)learning an! self)effcacy in an ESP course in #ai\$an' /uring an aca! e" ic se" ester (01 \$ee%s)- the e&peri" ental group learners co" plete! 2 ESP pro*ects' Both e&peri" ental an! control group learners reporte! their learning by ans\$ering t\$o uestionnaires- one on self) learning an! the other on self)effcacy' 3fter the se" ester- e&peri" ental group learners \$ere intervie\$e! to re, ect on their ESP pro*ect e&perience' #he stu! y suggests the signifcant i" pact of Pro*ect)Base! +earning on ESP college learners. levels of self)learning an! self)effcacy in an EF+ conte&t' 4n a!!ition- learners reporte! enhance! tea" \$or% an! oral presentation s%ills after co" pleting ESP pro*ects'

\$

4n recent years- the "ost favorable teaching approach has shifte! fro" teacher)centere! to learner)centere! '+earners are consi! ere! responsible for their learning in a learner)centere! environ" ent' #hus- self)learning or learner autono" y has been attracting "ore attention fro" researchers an! instructors' Particularly! uring the C564/)07 outbrea%- tra! itional face)to)face instruction is not available for everyone' For this reason- pro" oting self)learning is vital- \$hich enables learners to ta%e "ore responsibility for their learning an! to self)regulate the learning processes' Fro" an e! ucational psychology perspective- self)eff cacy is ta%en as a precursor to self)learning (Boe%aerts et al'- 8999)': hether in pan!e" ic or post)pan!e" ic ti" e- learner autono" y or self)learning shoul! be highly recogni;e! an! inclu!e! in the list of "a*or learning goals'

<<<<<<

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⁼ang- P' > ?ari*anto- @' ('(8988)' Pro*ect)base! learning in ESP to pro" ote self)learning an! self)effcacy# 3 uasi)e&peri" ental stu! y on #ai\$anese EF+ college stu! ents

TESOL Working Paper Series

H' #he learners supervise an! ! irect their learning an! pro*ects on their o\$n'

D' #he pro*ects shoul! be carrie! out base! on real situations'

3fter co" pleting pro*ects- PB+ learners \$oul! " a\%e a connection bet\$een \$hat they have learne! an! \$hat they \$ill encounter in the \$orl! outsi! e of school' Besi! es the benefts of PB+

TESOL Working Paper Series

as the "a * or learning "aterial !ue to the easy)to)follo\$ organi; ation- iR0 language !iffculty (Orashen- 071D)- an! !iverse han! s)on activities'

#able 0
T.A. Anstr. Stiona MMet. A.A. an & Pro e & Stes or t.A. E (peri) enta Man & *ontro M +ro Sps

	Control J roup	E&peri" ental J roup
#e&tboo%	Unit 0A #he foun! ation for presentations	Unit OA #he foun! ation for presentations
content	Unit 8A SellsSellsSells	Unit 8A SellSSellSSellS
(Presentation	Unit 21 / eveloping a "essage	Unit 2A /eveloping a "essage
(atters)	Unit HA /elivering your " essage	Unit HA /elivering your "essage
,	Unit DA (a%ing it visual	Unit DA (a%ing it visual
	Unit IA Su" " ing Up	Unit I A Su" " ing Up
	Unit PA #ea" \$or%	Unit PA #ea" \$or%
#e&tboo%	: riting 3ctivityA	
3ctivity	0' : rite a cover letter'	
	8' Please select one of your favorite #ai\$an celebrities an! \$rite hisB her resu" e'	
	2' /esign your business car!'	
	Spea%ing 3ctivityl	
	0' /escribe your uality in 8	
	" inutes- such as conf! ence- reliability- a" bition- tea" \$or%- an! others'	

#he e&peri" ental group stu! ents \$ere re uire! to participate in group! iscussions- oral presentations- an! ESP pro*ects (see an e&a" ine in 3ppen! i& B)' 3s for the control group- the stu! ents only too% part in group! iscussions to ans\$er uestions fro" the te&tboo%s' For the t\$o groups- #ronClass- a learning " anage" ent platfor" - \$as use! to " a%e announce" ents- collect assign" ents- an! !o roll calls' #o pro" ote the e&peri" ental group.s " ulti" o! al s%ills- the stu! ents \$ere also as%e! to apply ! ifferent tools to present their ESP pro*ects- inclu! ing Po\$erPoint Sli! es- vi! eo recor! ers- fl" e! iting soft\$are- an! so forth' #he course for the t\$o groups \$as con! ucte! for 01 \$ee%s (a total of 099 " inutes per \$ee%)- an! the instructional " etho! s an! proce! ures are presente! in #able 0'

#\$o D)point +i%ert uestionnaires an! a post)intervie\$ \$ere use! in this stu! y' Both uantitative an! ualitative! ata \$ere collecte! an! analy; e! to yiel! " ore convincing an! holistic fn! ings'

#his present stu! y a! opte! the pre) an! post) uestionnaires to e&plore the participants. levels of self)learning an! self)effcacy' #he pre) an! post) uestionnaires \$ere i! entical- containing three parts (see 3ppen! i& 3)' 4n the frst part- 02 ite" s (a! apte! fro" 5&for! - 0779- p' 818) \$ere inclu! e! to collect the participants. !e" ographic infor" ation an! previous learning e&perience' #he 0I ite" s of the secon! part a! apte! fro" Chen (8908) \$ere to e&a" ine the participants. English self)learning before an! after the 01)\$ee% stu! y' #he thir! part of the uestionnaire inclu! e! 07 ite" s (a! apte! fro" (i%ulec%y et al'- 0771M: ang et al'- 8902) reporting their English self)effcacy levels' #he calculate! reliability coeffcient (Cronbach α) \$as '11 for self) learning an! '171 for self)effcacy'

Se" i)structure! in! ivi! ual intervie\$s \$ere hel! after the uestionnaire collection to uncover the participants. inner" ost feelings an! thoughts about the English instruction an! ESP pro*ects' #he ten intervie\$ees voluntarily participate! in the intervie\$- \$hich \$as con! ucte! in (an! arin Chinese' 3II the contents of the intervie\$s \$ere recor! e! an! transcribe! for further analysis'

/ata collection too% place over four "onthB9p y 4 th uS00! spstv

%urtosis values larger than 8'87 are consi! ere! non)nor" ality (Oi" - 8902)' #he intervie\$! ata \$ere vie\$e! - analy; e! - an! categori; e! into! ifferent " a*or the" es by the researcher an! peer) chec%e! by a co)o0 \$as also an English language instructor'

& s

4n this stu! y- the uestionnaire an! intervie\$ \$ere con! ucte! to obtain learners. fee! bac% an!

3s #able 8 sho\$s- the self)learning levels of both groups i" prove! '?o\$ever- to !e" onstrate significant i" prove" ents- one)\$ay 3NC563 \$as con! ucte! '#he sig' value- '999 (less than '9D)-in! icates that the scores obtaine! by the control an! e&peri" ental groups regar! ing self)learning levels! iffer significantly (see #able 2) \$ith Cohen.s &effect si;e of 'DD1' 4n other \$or!s- after the intervention of ESP Pro*ect)Base! +earning- the e&peri" ental group of learners possess higher self)learning levels than the control group'

Concerning EF+ learners. self)eff cacy- no significant ! ifference bet\$een the t\$o groups \$as foun! at the beginning of the se" ester (see #able H)' 3fter\$ar! - as sho\$n in #able D- the analysis of one)\$ay 3NC563 sho\$e! that the ! ifference in self)eff cacy \$as significant (10-19) T 01'780' p T '999)' 4ts effect si; es (Cohen.s! T 'DPP) also suggest that stu! y ! esign ! oes " a%e a significant " e! iu" ! ifference' Further e&a" ination of the post hoc (Bonferroni)a! *uste!) pair\$ise co" parison sho\$e! that learners in the e&peri" ental group e&perience! statistically higher levels of self)eff cacy'

#able H
"es ripti_e Statisti s or Se#E 2a -

·	n	(ean	S/	(in'	(a&'
E&peri" ental J roup					
Pretest	H2	2'PD	'20H	0	D
Posttest	H2	H'09	'HD7	0	D
Control J roup					
Pretest	Н9	2'PP	'20H	0	D
Posttest	Н9	2'10	'D87	0	D

#able D
One-Wa - . / *O O. Res \$% o 'Se #E 2a -

/epen! ent 6ariable Post) self) eff cacy

	· · · · · · · · · · · · · · · · · · ·		, ,			
Source	#ype 444 SS	" 1	MS	1	Sig.	

4n su" "ary- ESP Pro*ect)Base! +earning has increase! the e&peri" ental group participants. levels of self)learning an! self)effcacy' 5verall- they felt "ore conf! ent in their English perfor" ance an! "otivate! the" selves to learn English' 4n a!!ition- they \$oul! like to "onitor their learning progress an! search for %no\$le! ge or infor" ation to !eal \$ith English proble" s' #hey beca" e "ore a\$are an! conscious of their learning progress an! perfor" ance'

#hrough the ESP pro*ects- the learners (fro" 3pplie! 3rts an! #e&tiles an! Clothing " a*ors) ac uire! greater ESP vocabulary %no\$le!ge- analy;e! authentic language foun! on English \$ebsites- an! pro" ote! their pro! uct via proposal an! Social Net\$or%ing Services (SNS)' #heir ESP pro*ects represent a goo! co" " an! of language use an! artistic creativity (3ppen! i& B)' ESP pro*ects- to so" e!egree- bri!ge the!istance bet\$een English learning classroo" an! the real \$or!!

#he e&peri" ental group learners \$ere as%e! to re, ect on the ESP Pro*ect)Base! +earning' #heir re, ection \$as collecte! an! analy; e! 'Further" ore- ten of the" \$ere also invite! to *oin the intervie\$' 3s far as the re, ection an! intervie\$ fn! ings are concerne! - the learners. positive stances an! attitu! es to\$ar!s ESP Pro*ect)Base! +earning \$ere reveale!' Notably- they see" e! to en*oy this %in! of learning conte&t in \$hich they foun! resources an! chances to \$or% \$ith others to co" plete a tas%' 4n a!!ition- they e&presse! their higher "otivation to learn English' 3fter the se" ester- they thought they ha! better perfor" anceparticularly in English oral profciency an! presentation s%ills' #he fn! ings are categori; e! an! outline! in the e&cerpt belo\$'

\$) + ,
SOOM (y oral English is i" prove! because 4 nee! to tell others about the pro*ects' 4 practice saying
English before the presentation'

SOHA 4 have learne! so" e English about ho\$ to present our pro*ects in front of others'

S89A 4! are say so" ething in English an! 4 beco" e not so afrai! of "a%ing" ista%es' #o be able to e&press "y i! eas is "ore i" portant than 099U accuracy'

SHA For the frst group pro*ect- it!i! not go \$ell!ue to "isco" "unication': e \$ere in a hurry to co" plete the pro*ect' #he result \$as not satisfying' But \$e!i! not give up' For the secon! pro*ect- \$e ha!!ifferent tas%s to!o an! \$e all!i! our parts \$ell' 4 thin% 4 learne! ho\$ to \$or% \$ith others fro" course pro*ects'

SO8A 4 have a better un! erstan! ing of group pro*ects an! ho\$ to get along \$ith others' 4f group "e" bers can co" "unicate \$ith each other-pro*ect results \$ill be better' 4 have learne! ho\$ to control "y ba! te" per an! began to listen to others attentively'

hJ0 rel

SOA 3fter co" pleting the pro*ects- 4 thin% learning English is interesting' Before this course- 4 learn because teachers as% " e to ! o so' But no\$ 4 thin% 4 can search for so" ething online an! learn so" ething 4 a" intereste! in by " yself'

SOPA English pro*ects are not easy for "e-but 4 still try to fn!! ifferent \$ays to solve proble" s'

S29A #o \$or% on ! ifferent pro*ects- 4 start to google English infor" ation' : hen 4 ! on.t %no\$ ho\$ to e&press " y i! eas in English- 4 google it' 4 also use online ! ictionaries to teach " e ho\$ to pronounce so" e English or! s'

S1A 4 have " ore conf! ence to spea% English in front of others'

S82 $\mbox{\ensuremath{\mbox{\ensuremath{\mbox{\ensuremath{\mbox{\mbox{\ensuremath{\ensuremath}\ensuremath{\ensuremath{\ensuremath}\$

SH9A Before 4!i! not \$ant to rea! English articles or bro\$se English \$ebsites' But this se" ester-\$e nee! to co" plete English pro*ects' 4 try to rea! online English \$ebsites to fn! so" e infor" ation that 4 nee! for "y pro*ects' 3t frst- 4 feel a bit tense' 4 thin% "y English is not goo! enough' But probably after the secon! pro*ect- 4 start to feel " ore co" fortable'

#o su" up- the learners. perceptions to \$ar! ESP Pro*ect) Base! +earning are positive #heir English oral presentation an! tea" \$or% s%ills have been enhance! If they also clai to paNOMscepten

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(a- +' /u- G'- ?au- O' #'- > +iu- J' (8901) #he association bet\$een teacher)stu! ent

Part OA Bac%groun! 4nfor" ation

0' Na" eA <<<<<< 2' =ear of BirthA <<<<<

I'?o\$ long have you been stu! ying English0 <<<<< (years)

P' ?o\$! o you rate your overall proficiency in English as co" pare! \$ith the proficiency of other stu! ents in your class0

E&cellent	J 00!	Fair	Poor

1' ?o\$!o you rate your overall proficiency in English as co" pare! \$ith the proficiency of native spea%ers of English0

E&cellent	J 00!	Fair	Poor
7' ?o\$ i" portant is	s it for you to beco" e	proficent in English@	
6ery i" portant	4" portant	Not so	i" portant

09': hy ! o you \$ant to learn English0 (Chec% all that apply)

<>< intereste! in the language	<<< nee! it for " y future career
<<< intereste! in the culture	<<< nee! it for travel
<>< have frien!s \$ho spea% the	<<< others1 <<<<<
language	
<>< re uire! to ta%e a language	
course to gra! uate	

00' /o you en*oy English learning0

=es	No
-----	----

08': hat other languages have you stu! ie! 0<<<<<<

02': hat has been your favorite e&perience in English learning0

Part 84 Self)+earning

- 0': hen 4 have ! iffculty ans\$ering a rea! ing co" prehension uestion- 4 get help fro" others'
- 8' 4 can assess " y o\$n rea! ing progress'
- 2' 3fter class- 4 try to fn! chances to rea! English on "y o\$n'
- H' 4t is ! iffcult for " e to create a practical rea! ing sche! ule for " yself'

D'

- P' 4 utili; e available learning resources- such as the 4nternet-! ictionaries- etc' to boost "y English rea! ing an! \$riting'
- 1' 4 thin% collaboration \$ith " y class" ates helps to i" prove " y English rea! ing'
- 7' 4 li%e trying ne\$ techni ues \$hile rea! ing English te&ts'
- 09' 4 can consciously "onitor "y English learning progress'
- 00' 4f 4 have a proble" \$ith English- 4 a" conf! ent 4 can solve it'
- 08' 4 feel 4 can ! efne " y o\$n ob*ective in English learning"
- 02' #eachers shoul! be the ones to ! eci! e " y English learning contents'
- OH' E&a" s are \$hat " otivate " e to \$or% har! in English learning'
- OD' 3n English e&ercise is only \$orth!oing if it is "ar%e! by teachers'
- 01' 4t is i" portant for teachers to give stu! ents English vocabulary to learn'

Part 2A Self) Effcacy

- 0' 4 have no proble" learning English rea! ing s%ills'
- 8' 4 a" not very goo! at learning \$riting s%ills'
- 2' 4 avoi! trying to rea! ne\$ English articles \$hen they loo% too! iff cult for "e'
- H' 4 feel insecure about " y ability to \$rite clearly'
- D' 4 can " otivate " yself to rea! English'
- I' (y English \$riting assign" ent \$orries " e'
- P' 4 learn ne\$ English \$or! s easily'
- 1' 4f 4 can.t un! erstan! an English rea! ing the frst ti" e- 4 %eep trying until 4 can'
- 7' English rea! ing is boring'
- 09' 4 en*oy rea! ing English'
- 00': hen 4!eci!e to rea! English te&ts-4 go ahea! an!!o it'
- 08' /oing \$ell in learning English is not one of " y goals in life'
- 02' 4! o a goo! *ob of participating in English class! iscussions'
- OH' 4 can \$rite an English paragraph \$ithout " ista%es'
- OD' 4 can guess the "eaning of un%no\$n \$or!s \$hen 4 a" rea! ing an English te&t'
- 01'4 can rea! English)language "aga; ines'
- OP' 4 can \$rite an English)language " aga; ine article'
- 01' 4! o a goo! *ob of co" pleting an English assign" ent'
- 07' 4 en*oy \$riting English'

3 sa" ple of ESP Pro'ects to sell an! pro" ote stu! ent)" a! e pro! ucts'

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